Please advise staff of any allergies before ordering

Mecca Bah Mezze

Hot Turkish bread	VEGAN (NO GHEE)	V			N		C	G
Mecca Bah Dips and Turkish bread		V					C	
Harissa marinated green olives	VEGAN	V	ND	GF	N			
Spicy Turkish kofte with yoghurt & mint sauce				GF	N		C	
Chickpea mussels (order without almond skordalia)			ND		N		C	
Sweet potato falafels with tahini sauce	VEGAN (NO TAHINI)	V			N		C	
Bastilla, Moroccan chicken pastries						NH	C	G
Silverbeet rolls filled w chickpeas, rice & herbs	VEGAN (NO YOGHURT)	V		GF	N		C	
Kataifi pastry filled with Middle Eastern cheeses		V					C	
Spicy lamb and pinenut boureks						NH		
Tabbouleh	VEGAN	V	ND		N		C	
Tunisian carrot salad	VEGAN	V	ND	GF	N			
Lebanese sausage and chickpea salad	VEGAN (NO SAUSAGE)		ND	GF	N			
Beetroot, rocket and yoghurt salad	VEGAN (NO YOGHURT)	V		GF	N		C	
Fattoush; Lebanese bread salad	VEGAN	V	ND		N		C	
Middle Eastern coleslaw with pastirma			ND	GF			C	
without pastirma	VEGAN	V	ND	GF			C	G
Harira Soup; spicy lamb, chickpea & lentil soup			ND	GF	N	NH		
Harira Soup; vegetarian, chickpea & lentil soup	VEGAN	V	ND	GF	N			

Ice-Creams

Besides the Strawberry & boysenberry ripple all other ice-creams are gluten free

Besides the Middle-Easstern halva all other ice-creams have no nuts

The Raspberry sorbet is the only dairy-free option

Desserts

Besides the Flourless orange & almond cake and the Basbousa all other desserts have no nuts

The Flourless orange & almond cake is the only gluten free option

Pastries

Turkish delight is vegetarian, gluten free,

and has no dairy or nuts

V	Vegetarian
ND	No Dairy (Some other items can be served dairy free on request)
GF	Gluten Free
N	No Nuts (We use pistachios, almonds, peanuts & pinenuts)
C	No Chilli
G	No Garlic
NH	Not Halal

WWW.MECCABAH.NET

Mecca Bah Emporium, 19-21/1000 Ann St, Emporium, Fortitude Valley, Brisbane QLD 4006 Ph: (07) 3252 5299 Fax: (07) 3252 0815
Mecca Bah Manuka, 25-29 Manuka Terrace, Flinders Way, Manuka ACT 2603 Ph: (02) 6260 6700 Fax: (02) 6260 6800
Mecca Bah Harbour Lights, 7-8/1 Marlin Parade, Harbour Lights Waterfront, Cairns QLD 4870 Ph: (07) 4051 3737 Fax: (07) 4051 4962
Mecca Bah Oracle, N104 & N106, 3 Oracle Boulevard, Broadbeach, Gold Coast QLD 4218 Ph: (07) 5504 7754 Fax: (07) 5504 7756

Spicy Moroccan Tagines served with couscous

GF ON REQUEST All tagines can be served gluten free
– Couscous is replaced with rice pilaf
ND ON REQUEST All tagines can be served dairy free
– Couscous is replaced with dairy free rice pilaf

*******Important allergy information*******
For anyone with severe allergies: As everything is prepared on site, our kitchen contains traces of nuts, wheat, chilli, garlic, dairy and egg.

🕒	Lamb with preserved lemon, green olive & Harissa					N	NH		
🕒	Chicken with tomatoes, almond, sesame & honey						NH	C	
	Mussels with Harissa, tomatoes & preserved lemon					N			
	Roasted vegetable flavoured with chermoula spices	VEGAN (NO COUS COUS)	V			N			
🕒	Lamb meatballs with egg & spicy tomato sauce								

Grills

🕒	Vine leaf wrapped fish with parsley, artichoke & olive salad			ND	GF	N		C	
	Moroccan spiced calamari with Turkish bean salad			ND	GF	N			
	ND ON REQUEST								
	The grills below can be served with dairy free rice pilaf								
🕒	Garlic chicken kebab, mjaddarah & tabbouleh					N	NH	C	
	Middle Eastern spiced swordfish, spicy couscous								G
🕒	Tsire spiced lamb kebab with fragrant rice pilaf				GF		NH		G

Turkish Pizza

ND ON REQUEST All pizzas can be made dairy free
N All pizzas are nut free
C+G The tomato bases contain chilli and garlic,
Pumpkin can be requested without chilli (we use mild chilli)

Spit roasted lamb, rocket, yoghurt & sumac					N	NH		
Pastirma, roast garlic, fennel & goats cheese					N			
Roast zucchini, Middle Eastern cheeses, lemon & mint	VEGAN (NO CHEESE)	V			N		C	G
Sardine, caramelized onion, roast tomato & olive					N			
Spiced chicken with eggplant, rocket & tahini sauce					N	NH		
Harissa spiced tomato, haloumi, parsley & eggplant	VEGAN (NO HALOUMI)	V			N			
Turkish lamb kofte, spicy tomato sauce and yoghurt					N			
Roast pumpkin, chilli, pomegranate jam & fetta	VEGAN (NO FETTA)	V			N			

V	Vegetarian
ND	No Dairy (other items can be served DF on request)
GF	Gluten Free
N	No Nuts (We use pistachios, almonds, peanuts & pinenuts)
C	No Chilli
G	No Garlic
NH	Not Halal

🕒 Meals marked with a clock take longer to prepare

No additions to menu items allowed
Only one bill / transaction per table
2% surcharge applies to all payments made with Diners card

Mecca Bah